

Limours / St-Arnoult

Veloscenic : Paris to Mont-Saint-Michel cycle route



Départ
Limours

Arrivée
St-Arnoult

Durée
1 h 04 min

Distance
15,45 Km

Niveau
I cycle often

Thématique
Alternative route by
Limours

Forests, valleys and extensive meadows provide the elements that create the typical landscapes of the Haute Vallée de Chevreuse. You cycle along a greenway using the former Aérotrain line before continuing along quiet little roads. The likes of Bullion, Bonnelles and Rochefort-en-Yvelines are worth a detour, both to admire the Parc Naturel Régional's typical architecture and to pick up provisions.

□ Stage description and details:

From Limours to Bonnelles, the route follows the track of the former Aérotrain, transformed into a greenway. From Bonnelles, you then follow little roads shared with motorized traffic up to Saint Arnoult.

□ *Cyclists are allowed to ride across the bridge but it is **forbidden to park your bike on the bridge** or at the foot of the remparts. See □ [our advice on parking your bike during your visit to the Mont Saint-Michel](#).*

□ Don't miss:

- **The Aérotrain**, created by engineer Jean Bertin in 1964, was a precursor of the French high-speed TGV train, a hovertrain capable of reaching 300km/h, moving on a cushion of air above a concrete rail line in inverted T shape. The French State abandoned the experiment in 1974, but just a few portions of the line have survived, including the one from Limours to Gometz-la-Ville.
- **Rochefort-en-Yvelines** is a little medieval village nestling at the foot of a hill that's worth exploring for its château, church and pretty cobbled, well-flowered lanes.
- **The Réserve Naturelle Régionale des Étangs de Bonnelles** can be visited by following a discovery trail dotted with informative panels. A bird hide also enables you to admire some 90 bird species that use this site on their migration routes.
- **The Maison Elsa Triolet et Aragon** puts on both exhibitions and shows evoking the spirit of this couple, both avant-garde literary figures and members of the Resistance, who once lived in this mill set in five hectares of grounds.

□ Food and drink en route:

- **Limours**: markets on Thursday and Sunday mornings, Rue Maurice-Béné.
- **Bonnelles**:
 - Markets on Sunday mornings on the Parking des Écoles. Note that there's a sheltered service area for bikes nearby that's a perfect place to stop for a picnic.
 - The Ferme des Clos sells its produce directly to the public.
- **Saint-Arnoult-en-Yvelines**: food and drinks shops and Sunday morning markets on Rue Henri Grivot.

☐ Bring up **Accueil Velo accredited restaurants** by clicking on the ☐ icon on the map. De-select "only show accueil velo accredited services" to view further possibilities.

☐ **Repair Service:**

Consult [the list of all the bike repairers](#) along or near the route.

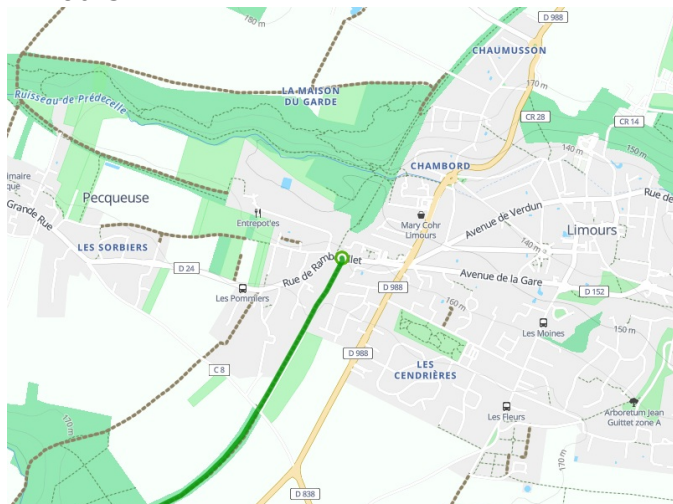
☐ **Train stations nearby:**

- Crossrail RER B station of Massy-Verrières-le-Buisson
- Crossrail RER B station of Massy-Palaiseau / plus TGV high-speed train services
- Crossrail RER B station of Palaiseau
- Crossrail RER B station of Palaiseau-Villebon
- Crossrail RER B station of Orsay-Ville
- Crossrail RER B station of Bures-sur-Yvette

☐ Also see our section on [reaching the veloscenic cycle route](#), including conditions for taking a bicycle on board trains.



Départ Limours



Arrivée St-Arnoult

