

PARIS ↔ MONT SAINT-MICHEL

BY BIKE



450 KM
OF SIGNPOSTED
TRAILS

5 SITES LISTED
BY UNESCO

3 NATURE
PARKS

**CYCLE THROUGH
SPECTACULAR SCENERY**

GETAWAYS FOR 2 OR 3 DAYS
AND A TRIP LASTING 7 TO 10 DAYS IN ALL



BEFORE YOU START

IS THE TRAIL ADAPTED TO A FIRST CYCLING TRIP?

The Veloscenic is a great trail for beginners, with a few slopes but nothing too difficult, and practically half the route along green ways – especially for the new route via Pré-en-Pail-Saint-Samson. So why not get started on your 150 km getaway?

HOW TO GO BACK TO PARIS FROM MONT ST-MICHEL?



From Pontorson station, a seasonal service runs to Paris from May to the end of summer. You can take your bikes on the train free of charge (subject to availability). The rest of the year, you have to change trains (Intercité or TGV trains). You can organise your getaway breaks for a weekend or 3 days with plenty of train stations along the way.



WHERE TO STAY AND CHOOSING YOUR STAGES

For hotels, bed & breakfasts, gîtes, campsites or more original spots: see the accommodation at less than 5 km from the train on our website. Some have the "Cyclists Welcome" label, the guarantee of a locked bike shed, repair kits, a washing machine and other services specially designed for cyclists on the move! In July and August, reserving ahead of time is recommended.

What kind of bike should I take? What will I need to find my way?
What kind of budget is involved? How far can a beginner travel a day? ...
All the answers here: www.veloscenic.com/prepare-your-trip



64 LE MONT ST MICHEL

WHAT ABOUT SAFETY AND SIGNPOSTING?

With 98% of the route marked out and about half of it along green ways, safety is guaranteed, and you won't have to keep your eyes glued on the GPS! The sections on roads are chosen for the low levels of car traffic.

GET AWAY FROM IT ALL!

GO WEST

Get on your bike and discreetly head out of a sleeping town on a sunny morning. See the mist clearing to reveal an original view of some of the most iconic monuments in French culture and preserved natural landscapes. Ride through fields and forests, alongside streams, in valleys and bocage. Take a break and let your curiosity and chance encounters be your guides. Treat yourself to a gourmet stop. Savour afternoon naps again. Forget about keeping track of time and just watch how your shadow gets bigger as you make your way along! At the end of the trail your reward is a magical view over a medieval town floating above the sea...



LE MONT SAINT-MICHEL ◀ 171KM ▶ ALENÇON

A Norman cocktail combining heritage and nature, mainly along green ways: Alençon lace, the Art Nouveau spa resort of Bagnoles-de-l'Orne, Domfront and its hilltop medieval site, the Mortain waterfall...

ALENÇON ◀ 156KM ▶ CHARTRES

Cross the Beauce plain, celebrate the memory of Proust with a madeleine in Illiers-Combray and ride into the hilly Perche region, with intimate atmospheres and gastronomic restaurants.

CHARTRES ◀ 122KM ▶ PARIS

Sceaux, Versailles, the Chevreuse Valley, Rambouillet, Maintenon, Chartres... A breath of fresh air and a big slice of history. It's easy to get out of Paris and choose your own trail based on two variations.

LE MONT SAINT-MICHEL - KM 450



MORTAIN - KM 392



DOMFRONT-EN-POIRAIE - KM 365



MONT DES AVALOIRS - KM 312



ALENÇON - KM 288



MORTAGNE-AU-PERCHE - KM 250



FRAZÉ - 181 KM



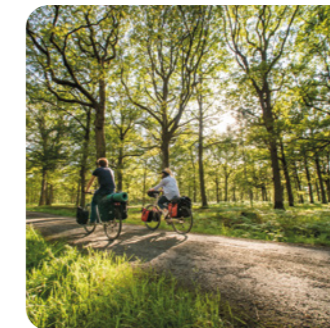
CHARTRES - KM 135



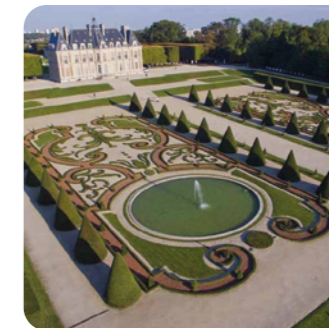
MAINTENON - KM 114



VALLÉE DE CHEVREUSE - KM 69



SCEAUX - KM 13



PARIS - KM 0



THEY'VE DONE IT... ... THEY LOVED IT



SEE THEIR TIPS
ON THE MAP



OLIVIER

Long-distance (micro)adventurer
and bikepacker.

What motivated me? I wanted to explore the areas around Paris that I don't know very well, to experience the spirit of adventure without going to the ends of the earth, to surpass myself and meet people.



STEVE

Touring cyclist, co-editor
www.sevendaycyclist.com,
interested in cidre and history.

I love variety: the heart of Paris, Chartres, gentle Yvelines, rolling Le Perche, quiet miles, the 'Marvel', food and drink of the countryside: pure pleasure. Turn the pedals, take your time.



JOHANNA

A challenge between us girls,
to have a laugh and drink
bowls of cider.

So many stories and memories together for the few days of the trip! The eight of us felt proud and emotional when we arrived at the foot of Mont Saint-Michel.

Join the adventure on:

WWW.VELOSCENIC.COM



@VELOSCENIE



#VELOSCENIC

Who's that hiding behind the Veloscenic?

Since 2011, many people – local officials, technicians and members of associations – have believed in and worked to help this iconic cycling trail. Many thanks to the 2 regions, 8 departments, 15 local council communities, 3 regional nature parks and visitors' centres for the human and financial support that helps the Veloscenic to exist. See our work and our commitments on: <https://www.veloscenic.com/who-are-we>

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